



STONEYGATE LIONS FC

WE ARE  
STONEYGATE LIONS FC







# OUR VISION

Our vision is to provide a happy and inclusive environment for young people to learn and develop their football skills and feel valued for their contribution on and off the field





# ABOUT US

A young boy in a blue football kit is running on a grass field. He is wearing a blue jersey with 'EVITA' and a Nike logo, blue shorts, and blue and white socks. In the background, other children in blue kits are visible, along with a soccer goal and a red fence. A black bag and a white cooler are on the grass to the right.

- Established in 2003
- Youth Club for 5 – 18 Year olds
- Currently running 15 teams
- 170+ Players and 20+ Volunteers
- Volunteer run
- Affiliated to Leicester & Rutland County FA
- FA Standard Chartered Youth Club



# FA CHARTER STANDARD

- Have the following in place:
  - Club rules, equality policy, safeguarding policy and respect codes of conduct
- Have an FA-trained club welfare officer
- Criminal record checks (CRC) for volunteers involved in youth football teams
- An FA Level 1 coach (including first aid training) for each youth team (under-18s and below
- Checked Annually



# FOOTBALL FOUNDATION PARTNER

- Based here at Judgemeanow
- Access to the 2 3G pitches, 18 grass pitches & changing rooms
- All our training & matches are here
- Kids have access to the Saturday Judgemeanow Academy as well as our sessions





# FA GUIDE TO YOUTH FOOTBALL

## Key recommendations for the game

### Your at-a-glance guide to junior football

U7/8s



U9/10s



U11/12s



U13/14s



U15/16s





U17/18s




 **Format:** 5 v 5

 **Match length:** 20 mins E/W


 **Player game time:**  
40 mins/day,  
60 mins/comp

 **Pitch size:** 40yd x 30yd

 **Ball size:** 3


 **Goal size:** 12ft x 6ft


 **COMPETITIONS**  
Two weeks of trophy events, three times a season


 **KEY LEARNINGS**  
– having fun  
– playing with my friends


 **Format:** 7 v 7

 **Match length:** 25 mins E/W


 **Player game time:**  
60 mins/day,  
90 mins/comp

 **Pitch size:** 60yd x 40yd

 **Ball size:** 3 for U9s, 4 for U10s


 **Goal size:** 12ft x 6ft


 **COMPETITIONS**  
Four weeks of trophy events, three times a season

 **KEY LEARNINGS**  
– acquiring skills  
– trying my best

 **Format:** 9 v 9

 **Match length:** 30 mins E/W


 **Player game time:**  
80 mins/day,  
120 mins/comp

 **Pitch size:** 80yd x 50yd

 **Ball size:** 4


 **Goal size:** 16ft x 7ft

 **COMPETITIONS**  
Six weeks of trophy events, three times a season. U12s as U13/14s

 **KEY LEARNINGS**  
– being part of a team  
– game play

 **Format:** 11 v 11

 **Match length:** 35 mins E/W


 **Player game time:**  
100 mins/day,  
150 mins/comp

 **Pitch size:** 100yd x 60yd

 **Ball size:** 4

 **Goal size:** 21ft x 7ft

 **COMPETITIONS**  
Any varieties including one season-long league table

 **KEY LEARNINGS**  
– taking responsibility  
– positional awareness

 **Format:** 11 v 11

 **Match length:** 40 mins E/W

 **Player game time:**  
100 mins/day,  
150 mins/comp

 **Pitch size:** 110yd x 70yd

 **Ball size:** 5

 **Goal size:** 24ft x 8ft

 **COMPETITIONS**  
any varieties including one season-long league table

 **KEY LEARNINGS**  
– in-game decisions  
– tactical appreciation

 **Format:** 11 v 11

 **Match length:** 45 mins E/W


 **Player game time:**  
120 mins/day,  
180 mins/comp

 **Pitch size:** 110yd x 70yd

 **Ball size:** 5

 **Goal size:** 24ft x 8ft

 **COMPETITIONS**  
any varieties including one season-long league table

 **KEY LEARNINGS**  
– in-game decisions  
– tactical appreciation



# LDMFL EXAMPLE SCHEDULE



## LEICESTER & DISTRICT MUTUAL FOOTBALL LEAGUE 2017-18 Fixture Schedule

			Under 7	Under 8	Under 9	Under 10 Bi Weekly	Under 10 Weekly
SEPT		3	1		1		1
		10		1		1	2
		17	2		2		3
OCT		24		2		2	4
		1	3		3		5
		8		3		3	6
HALF TERM		15					
		22					
		29		4	4	4	7
NOV		5	4		5	5	8
	REM. SUNDAY	12		5	6	6	9
		19	5				
DEC		26		6	7		10
		3	6			7	11
		10		7	8	8	12
XMAS BREAK		17					
		24					
		31					
JAN		7	7			9	13
		14		8	9		14
		21	8		10	10	15
FEB		28		9	11	11	16
		4	9		12	12	17
	HALF TERM	11		10			
MAR		18				13	18
		25	10				
	MOTHERS DAY	4		11	13		19
APR		11				14	20
		18	11	12	14		21
	EASTER	25					
MAY		1					
		8					
		15	12		15	15	22
MAY		22		13	16	16	23
		29	13		17	17	24
		6		14			
		13	14			18	25
		20			18		26

### u7 - u10 Schedule

- Games on Sunday's
- 14 fixtures from Sept to May
- 1 end of season festival



**RESPECT** (CLICK BELOW TO PLAY VIDE)

**GOOD BEHAVIOUR MAKES FOR A GREAT GAME**





**RESPECT**

GOOD BEHAVIOUR MAKES FOR A GREAT GAME

**COMPETITION** NOT CONFLICT

**EFFORT** NOT EGO

**FRIENDSHIP** NOT FAVOURITES

**INTEGRITY** NOT INTIMIDATION

**PRAISE** NOT PUT-DOWNS

**INSPIRATION** NOT HUMILIATION



# THEM PLAYING THE GAME

## YOU PLAYING YOUR PART

Teams won't happen unless us as parents step forward

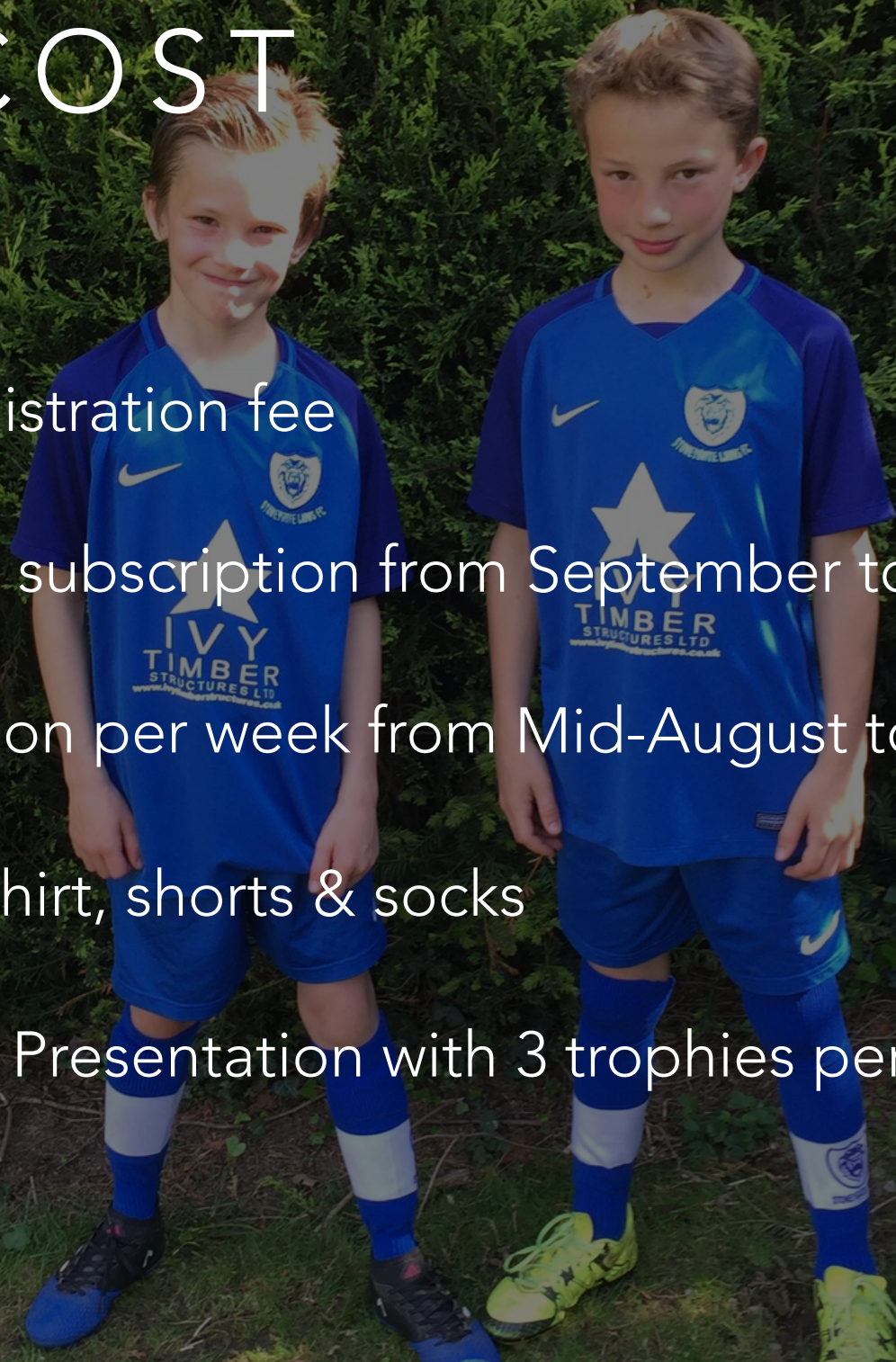
- Team Manager - admin for the team. Collecting subs, Scheduling, etc.
- Team Coach - fully qualified FA level 1 coach. The club will pay the £150 for individuals to get coaching qualification, first aid & safeguarding training.
- Team Sponsor - do you have a business? Or know someone with a business who could sponsor the team for extra kit & equipment
- Committee member - have you got skills to help develop the club. 4-6 meetings per year.



# CLUB COST

u7 - u10

- £25 annual registration fee
- £15 per month subscription from September to April (£120)
- 1 training session per week from Mid-August to end of May
- Kit supplied - Shirt, shorts & socks
- End of Season Presentation with 3 trophies per team and medals





# EXPERIENCES WITH STONEYGATE LIONS

## Leicester City Matchday Experiences



## Players on Pro Club Pathways



## Football Foundation Pitch Opening



## Games vs Pro Club Academies





THE JOURNEY





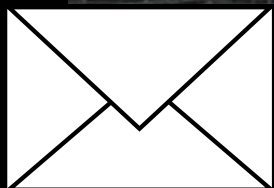
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